



'Come to me, all you who are weary and burdened, and I will give you rest.'

(Matthew 11:28)

'I tell you that something greater than the temple is here...For the Son of Man is Lord of the Sabbath.' (Matthew 12:6, 8)

'Then [Jesus] said to the man, 'Stretch out your hand.' So he stretched it out and it was completely restored, just as sound as the other.' (Matthew 12:13)



'Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.' (Matthew 11:29) 'A bruised reed he will not break, and a smouldering wick he will not snuff out.' (Isa. 42:3)

'See, your king comes to you... lowly and riding on a donkey.' (Zech. 9:9)

'Haven't you read what David did when he and his companions were hungry?' (Matt. 12:3)

'Or haven't you read in the Law that the priests on Sabbath duty in the temple desecrate the Sabbath and yet are innocent?' (Matt. 12:5)

'If you had known what these words mean, "I desire mercy, not sacrifice," you would not have condemned the innocent.' (Matt. 12:7)

'How much more valuable is a person than a sheep! Therefore it is lawful to do good on the Sabbath.' (Matt. 12:12)



'Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.' (Matthew 11:29-30) 'This is what the Lord says:

'Stand at the crossroads and look;
ask for the ancient paths,
ask where the good way is,
and walk in it,
and you will find rest for your souls.'

(Jeremiah 6:16)





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